



## Selection of Competitive Sporting Teams Policy

### Rationale

Sport is conducted at New Lambton South Public School under the auspices of the DET School Sport Unit. The School Sports Unit promotes and supports the implementation of appropriate sport and sport-focused programs for all students by encouraging participation, skill development and excellence in performance.

At New Lambton South Public School sport is an integral part of our school curriculum. Sport is provided on a class, stage and whole school basis. School representative teams play in the PSSA competition. Individual students may represent the school at Zone, Region and State level in various sports.

### PSSA Teams/ Knockout

Teams will be selected from students who are in Stage 3, unless there is a shortage of players or Stage 2 students demonstrate exceptional skill. A Stage 2 student, who demonstrates exemplary skills, physical awareness and participates in that sport on a regular basis, may be considered for selection. If it is not stated that it is a single sex team, then the teams may be made up of mixed sexes.

When selecting students during trials, consideration will be given to those who display:

- Ability and strong skill level;
- Sportsmanship;
- Cooperation and attitude; and
- Commitment to training sessions.

If more students indicate an interest in a team than there are positions, trials will be held.

- Selections will be held over two sessions (minimum);
- Two reserves selected (minimum). Students will be informed as to whether they are the reserve player;
- Where there are two children of **equal ability** the child from the higher school grade will be selected;
- Children do not have to participate in this sport out of school to be eligible to try out for the team, but experience, including out of school participation and representation will be considered;
- The selections will be made according to performance at selection sessions;
- Children who are absent due to illness or holidays on all selection days may not be considered unless additional players are required to form the team;
- If a child is absent for the selection days, due to other school commitments i.e. Zone sports or Selective High School Tests, then another training session will be held to determine if he/she is worthy of being selected;
- The final selection of teams will be conducted by two teachers/selectors;

- All children trialling will have equal time on the field/court during the selection process;
- Parents are requested not to discuss the selection process with selectors unless specifically referring to the trial dates and if parents have questions regarding the selection process please call the office to make an appointment time.
- The selection of competitive teams is the responsibility of the teacher in charge of that team. Selection is merit based, criteria being the ability and skill level of the students. Once selections have been made, decisions are final and must be respected;
- All sporting teams are to be selected, coached and/or managed by a current teacher at New Lambton South Public School;
- Members of the public, parents or guardians of students may be appointed, at the discretion of the teacher in charge, to act as skills assistant. Their role is to provide coaching and technical assistance to those students selected by the teacher in charge. Those not directly employed by the school will be required to complete a 'Working with Children declaration' prior to involvement as a skills assistant; and
- General school behaviour, attitude and sporting performance are taken into account when selecting teams.

Students and parents need to understand that many of the sporting events that we enter in competitive school sport are of a high standard, with opposition being extremely competent in terms of skill level, knowledge of rules, tactical knowledge, strength and speed.

#### **Referees Fees**

At times, sporting teams will require a qualified umpire/referee to handle and conduct games fairly. This usually means hiring an umpire/referee that charges a fee for the game. When this is the case, a note will be sent home to parents outlining the cost and when the money is due to be paid to the organising teacher. If payment is not forthcoming, the student will not be able to participate in the game. If there is a problem in regards to game fees, please make a time to talk to the organising teacher.

#### **Zone/Regional Representative Tryouts**

- Students will be made aware of the trial dates; and
- Due to the limited number of students who are eligible from each school only those students who demonstrate exceptional skills relative to the sport will be considered.

The selection process will be based on either:

- Tryouts if there are more than the desired number of representatives; and or
- Proof and evidence of sporting achievements.

It is deemed that it is **not mandatory** for a school to select students for representative trials if the required skill level is not matched.

## **Gala Days**

If there are more students expressing an interest than required for the team, Gala Day selections will be determined using the following procedures:

- Students who have previously played the game or who have some knowledge of the game express an interest;
- Students will be randomly and equitably selected regarding grade allocations.

## **Codes Of Behaviour**

Codes of behaviour/conduct provide a supportive framework which promotes fair play and appropriate behaviour in school sport. These codes apply to players, teachers, coaches, parents, officials and spectators who together provide the environment in which school sport is played. The following codes apply to school sport at all levels and are designed to highlight:

- The principles of enjoyment, satisfaction and safe play in sport;
- That students participate for their own sake and not to fulfil the desires of parents, adult groups or peers; and
- The encouragement of student participation in sport and in so doing, contribute to higher levels of health and physical fitness.

## **Court/Field Time**

Unlike non-competitive sporting events where even court time is often the aim, competitive, representative sport, such as PSSA Knockout is another playing field. Even court/field time for all players is not guaranteed. Rather, players earn their court time by attitude, ability, attendance at training and potential to contribute to the overall team's success. Be aware that most teams run to a set number of players and certain positions, and the final decision will be at the coach's discretion. If your child is not consistently achieving the court time/minutes that you deem fair, please arrange a meeting to talk the coach to ascertain what steps your child needs to take to earn more court/field time. In close games it is possible that some players will see limited court/field time.

## **Player Code of Conduct and Dress Code**

When chosen to represent the school at PSSA, Zone, Region, State, at Gala Days or any other external sporting event, students are expected to behave in an exemplary manner both on and off the sports field. This includes wearing full school sports uniform. When representing the school, students may be expected to wear representative shirts or uniforms. These are to be handed back to the teacher in charge (except for netball dresses) after the game or after the competition, whichever the teacher deems appropriate so that they are able to be washed.

Students are to sign a Player Code of Conduct prior to attending PSSA sport, Gala Days (competitive and non-competitive) and any other external sporting event. It is expected that students uphold the Player Code of Conduct at all times, which they must agree to and sign. Failure to do so will result in behaviour management procedures being put in place, as stated in the school's Student Welfare Policy.

Players, parents, spectators, teachers and coaches must all abide by the Zone PSSA Code of Conduct Policy. The school reserves the right to suspend a student's participation in sporting activities if their behaviour is inappropriate in any school activities.

At times, students are required to wear relevant safety equipment for specific sports (i.e. helmet, shin pads, mouth guard etc.) Studs (in shoes) are only to be worn whilst playing sport. When returning to school from sporting events students are asked to please remove studs, shin pads and other safety equipment.

### **School work**

On the day of sporting events students are to be present at school where possible – (according to the time the game/sporting event is to commence and cease). Valuable class time can be missed when students do not return to school after sporting events or come to school before sporting events. Whole school days for sporting events will occur and on these occasions students are not required to be at school. If the sporting event is for only part of a school day, the student is expected to be at school when not partaking in the event. (Allowing time for travel). Consistent failure to follow this procedure will jeopardise the student's position in the sporting team and selection in future New Lambton South PS teams.

Students who represent New Lambton South PS are required to catch up on class lessons that have been missed. Class teachers in Stage 3 keep lesson notes and worksheets for students to take home with them to complete. It is the responsibility of students to collect and complete missed work. Consistent failure to follow this procedure will jeopardise the student's position in the sporting team and selection in future New Lambton South PS teams.

To be fair to other students, representatives are asked not to return to school with food or beverages from fast food outlets.

Some talented sport students may be chosen for multiple PSSA teams and trials. It is at the discretion of the student's parent to decide whether or not their child participates in all nominated teams. Some parents prefer that their child only participate in 1 or 2 school teams, whereas, other parents are happy for their child to compete in all teams that their child is selected for. The parent must make the final decision as to whether the student should or should not represent the school in certain teams or trials. If not representing, parents are required to communicate this to the teacher responsible for the team.

### **Younger Students**

For obvious reasons, the vast majority of sporting events are targeted to students in Stage 3. Opportunities for our Stage 2 students are available but occur less frequently throughout the year.

**Zone Swimming Qualification Times – As of February 2017**

Boys		Girls	
100m Freestyle	1:30	100m Freestyle	1.39.00
8 Years 100m Freestyle	1.05.00	8 Years 100m Freestyle	1.07.00
9 Years 100m Freestyle	1.01.00	9 Years 100m Freestyle	1.02.00
10 Years 100m Freestyle	59.00	10 Years 100m Freestyle	1.00.00
11 Years 100m Freestyle	56.80	11 Years 100m Freestyle	58.00
12 Years 100m Freestyle	56.60	12 Years 100m Freestyle	57.60
13 Years 100m Freestyle	59.00	13 Years 100m Freestyle	1.01.80
Junior 50m Backstroke	1.03.00	Junior 50m Backstroke	1.03.20
11 Years 50m Backstroke	58.90	11 Years 50m Backstroke	59.20
Senior 50m Backstroke	58.90	Senior 50m Backstroke	59.20
Junior 50m Breaststroke	1.08.00	Junior 50m Breaststroke	1.08.30
11 Years 50m Breaststroke	1.03.50	11 Years 50m Breaststroke	1.03.50
Senior 50m Breaststroke	1.03.50	Senior 50m Breaststroke	1.03.50
Junior 50m Butterfly	59.00	Junior 50m Butterfly	1.01.00
11 Years 50m Butterfly	55.50	11 Years 50m Butterfly	55.80
Senior 50m Butterfly	55.50	Senior 50m Butterfly	55.80
Junior 200m Medley	4.00.00	Junior 200m Medley	4.00.00
Senior 200m Medley	3.40.00	Senior 200m Medley	3.40.00

**Zone Athletics Qualifying Distances for Field Events – As of June 2016**

Boys		Girls	
Junior Long Jump		Junior Long Jump	
11 Years Long Jump		11 Years Long Jump	
Senior Long Jump		Senior Long Jump	
Junior High Jump		Junior High Jump	
11 Years High Jump		11 Years High Jump	
Senior High Jump		Senior High Jump	
Junior Shot Put		Junior Shot Put	
11 Years Shot Put		11 Years Shot Put	
Senior Shot Put		Senior Shot Put	
Junior Discus		Junior Discus	
11 Years Discus		11 Years Discus	
Senior Discus		Senior Discus	

**Zone Athletics Qualification for Track Events – As of June 2016**

100m Events	3 competitors per event
200m Events	2 competitors per event
800m Events	2 competitors per event

**New Lambton South Public School**



**Sporting Code of Conduct**

**PLAYERS' CODE OF CONDUCT**

- Play for the fun of it.
- Play by the rules and always abide by the decisions of officials.
- Control your temper. Make no criticism by word or gesture. Deliberately distracting or provoking an opponent is not acceptable or permitted in any sport.
- Work equally hard for yourself and your team. Your team's performance will benefit and so will your own.
- Be willing to train and prepare for the game or competition. Preparation helps prevent injury and increases the level of enjoyment.
- Play only when you are fully fit. To play with an injury will handicap your team, and may expose you to the risk of further and more serious injury.
- Be a good sport. Applaud the play of your team mates and that of your opponents.
- At all times cooperate with your coach, team mates and opponents.
- Remember the goals of the game are to have fun and improve your skills. Be modest in success and generous in defeat.

I have read the above Code of Conduct and agree to abide by this code to the best of my ability when participating in school sport at New Lambton South PS.

\_\_\_\_\_ Name

\_\_\_\_\_ Signature

\_\_\_\_\_ Date



Sporting Code of Conduct

PARENTS' /SPECTATORS CODE OF CONDUCT

- Encourage your child to play by the rules.
- If children are interested in sport, encourage them to participate.
- Remember that children participate in organised school sport for their enjoyment and fulfilment, not yours.
- Teach your child that honest effort is as important as winning.
- Encourage your child to work towards skill improvement. Never ridicule any child for making a mistake or losing a competition.
- Always encourage the principle of good sportsmanship.
- Applaud good play by all individuals and all teams.
- Do not publicly question the officials' judgement or honesty.
- Appreciate the contribution and commitment of teachers in coaching positions.
- Have realistic expectations for your child and his or her team.
- Verbal and physical abuse will not be tolerated.
- All school sport events are alcohol and smoke free zones.

I have read the above Code of Conduct and agree to abide by this code to the best of my ability when my child is participating in school sport at New Lambton South PS.

\_\_\_\_\_  
Name

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date





Sporting Code of Conduct

TEACHERS' - COACHES' CODE OF CONDUCT

- Create opportunities to teach appropriate sporting behaviour as well as sporting skills.
- Teach your players to play by the rules.
- Remember that all students play for the fun and enjoyment and that winning should not be over emphasised.
- Ensure that equipment and facilities meet safety standards and are appropriate to the age and ability of the participants.
- Develop team respect for the ability of opponents, as well as for the judgement of officials and opposing coaches.
- Follow medical advice when determining when an injured player is ready to play.
- Develop in students an awareness of the physical fitness values of sports and their life-long health and recreational value.